# OUR MISSION CONNECTING PEOPLE BUILDING FUTURES

**OUR VISION** 

KENG ASPIRES TO
CREATE AN INCLUSIVE
EMPOWERED COMMUNITY



YOU CAN REACH KINGSTON EAST
NEIGHBOURHOOD GROUP BY CATCHING THE
LOGAN CITY BUS SERVICE ROUTE NO 553



### EMERGENCY NUMBERS

Police/Ambulance/Fire 000

Policelink - 13 14 14

Lifeline - 13 111 14

Suicide Callback Service – 1300 659 467

Kid's Helpline (5-25yrs) – 1800 551 800

DV Connect Women's Line - 1800 811 811

DV Connect Men's Line - 1800 600 636

Sexual Assault, Domestic and Family Violence
– 1800RESPECT, 1800 737 732



The KENG Emergency Relief Program is jointly funded by the Queensland Government Department of Communities, Disability Services and Seniors and the Commonwealth Government Department of Social Services

# EMERGENCY RELIEF



Emergency Relief is available on Tuesdays and Wednesdays from 9.10am – 12.30pm by appointment only.

Call KENG on Tuesday or Wednesday on 3808 1684 to book an appointment.



Kingston East Neighbourhood Group 177 Meakin Rd, Slacks Creek, Qld 4114 Ph: 3808 1684

E: <u>Joanne.pressick@keng.org.au</u>
W: <u>www.keng.org.au</u>

If you live in Logan LGA, we can supply you with a food parcel if in need (must be at least 14 days between bookings)

# FINANCIAL ASSISTANCE When available to residents of:

- Kingston
- Loganlea
- Meadowbrook
- Slacks Creek
- Tanah Merah
- Woodridge

#### **Support Provided:**

- Overdue Electricity and Gas bills bring a paper copy or email to joanne.pressick@keng.org.au
- Rental Assistance (Form 11 or 12 required)
- Food Vouchers
- Fuel Vouchers
- Prescriptions

Please provide current Photo ID which MUST show your current address



## **Financial Tips**

- pprox Use Financial Counselling services (provided at KENG through the Salvation Army)
- ≈ Set a realistic budget
- Talk to your service provider about a payment plan, extension on your bill and to ensure you are on a plan suitable for you
- ≈ Avoid Buy Now, Pay Later schemes
- $\approx$  Try to set aside money for emergencies
- ≈ See where you can save and start saving no amount is too small
- ≈ Get a clear picture of your regular expenses, including when they are due, and your spending habits
- Look at your expenses and think about your needs and wants. You may be able to find some things you could cut back on, at least for a while
- pprox Set up automatic direct debits for regular bills
- Take advantage of the ANZ's Saver Plus.
  Reach savings goals and have your savings matched up to \$500 by ANZ for education items for you or your children's education expenses
- ≈ The NILS scheme will lend up to \$2000 to lowincome earners with repayments from \$35 per fortnight

#### KENG can also assist with

- ≈ Information and referrals
- ≈ Personal and Relationship Counselling
- ≈ Personal and Family Development
- ≈ Occasional Child Care
- ≈ Men's Group (Great Mates Meet)
- ≈ Immediate Supported Accommodation
- ≈ Family Support Program
- ≈ Skilling Queenslanders for Work
- ≈ Disaster Recovery Support
- **≈ Volunteering Program**
- ≈ HIPPY Program
- ≈ Senior's Program
- ≈ Parenting Programs
- ≈ Playgroups
- ≈ Homework Support
- ≈ Mental Health and Wellbeing
- ≈ School Holiday Programs
- ≈ Kid's Clubs
- ≈ Computer Club
- ≈ Sewing Club
- ≈ Craft & Card Making
- ≈ Yoga & Tai Chi
- ≈ Sensory Art for Children